

December 2008



Newsletter

*Creating a soulful birthing experience...
through education and support.*

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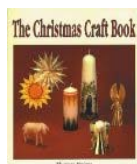
Active Birth Workshop

My next Active Birth Workshop is coming up on Sunday the 15th February 2009, for those interested in achieving an empowering birth experience. Read more in the 'workshops' section. Be quick as places do fill fast. You can now book and pay online.

[Sign Up Now!](#)

Natal Hypnotherapy

If you are interested in using Hypnosis as an effective method of achieving a very empowering birth experience, then you must visit our [Natal Hypnotherapy](#) pages, as we now have all the available CDs loaded on to the site for purchase. Read some of the great testimonials from people who have tried and loved the CDs.



Online Shop

Checkout our 'Online Shop'. You can

Dear %\$firstname\$%,



*During this Festive Season
Light a flame for Hope & Peace*

Wishing you a **Very Merry Christmas** from all the team here at 'Soulbirth'. We hope your year ahead in 2009 shapes up to be every bit as amazing as we think it is going to be. We can't wait for the New Year, as so many new and exciting things are emerging. Details are following in this special Christmas edition of the *Soulbirth e-zine*.

If you have not yet 'opted in' to this list and would like to be included in future mail-outs, please visit www.soulbirth.com and enter your details on the homepage. Once you have subscribed you will automatically be sent a free e-report 'Soulbirthing – A Spiritual Perspective'. I hope that you enjoy reading this report and continue to enjoy future news and reports that we send your way. Feel free to recommend us to a friend and get them to subscribe as well. That way we can keep in touch with you all about our exciting new developments as they occur.

'Soulbirthing' is a passion of mine and my hope is, that through visiting my website you may also feel some connection with the topics and information that I will be sharing with you. Feel free to contact me with your thoughts and any feedback that you feel is relevant.



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Universal Day of Soul-Birthing



Firstly, I would like to let you know about a big 'community event' we have planned to

purchase CDs, DVDs and books related to all the topics covered on the site. Why not pick up 'The New Active Birth' By Janet Balaskas, to complement the Active Birth Workshop? Or try the '[Christmas Craft Book](#)' by [Thomas Berger](#). If you have suggestions for other titles you would like to see available, please let me know.

[Shop NOW!](#)



Quote for Christmas

*"Don't crowd CHRISTMAS
Into a single day
but spread its kindness and
humanity
throughout the year."*

(From "The Wonders & Joys of Christmas")

kick start the new year. I have decided to declare a 'Universal Day of Soul-Birthing' on Saturday 7th February 2009. The day is focused on realizing our true potential and acknowledging beautiful souls everywhere on all planes of existence. I would like to dedicate time to honour our souls journey and raise awareness on a global/universal level about how truly amazing we all are!!

For full details, visit the website and download your flier from: [UDSB-Flyer.pdf](#)

Come and join us for a family picnic. There will be free nibbles, drinks, face painting, balloons and crafts for the kids (and the young at heart). Pick up some information on the day about all the free events happening next year. For those of you who can't make it on the day, I will be posting some details up on the website about things you can do at home to honour this day in your own way. Watch this space...AND please inform everyone you know about the day?!

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2009 Happenings!



our mailing list, as 2009 is going to be a very exciting year. Further details will be in the next newsletter.

Early next year I will begin a series of 'teleclasses' on a series of topics particular to my website. So if you're interested in hearing more about 'the souls journey' through preconception, pregnancy, birth, parenting, living and dying, as well as everything in between, then make sure you stay current on

I am now seriously working on the much awaited Companion Workbook for 'Communicating with Your Unborn Child', the CD I created last year. Everything happens at its right time!!! Sometimes it just takes a little bit longer than initially anticipated. As soon as it has been completed, there will be an announcement and a lot of celebrating and champagne corks flying!! Apologies to those of you that have been waiting for it for a very long time. In the meantime, you can read some

information on the topic if you follow this link: [Communicating with Your Unborn Child](#)

In 2009 I will be moving more into a coaching/mentoring role which I am really looking forward to. My journey is forever unfolding and taking me to more beautiful places. As the year progresses, I will be coaching more around the 'Law of Attraction' and 'Creating the Life you truly Desire'. 2008 for me was a culmination of so many things. Becoming a published author alongside world famous authors and world class leaders, was a highlight. Don't forget you can order a copy of the book 'Living an Abundant Life', if you go to my homepage at: www.soulbirth.com and follow the link.

Coming soon in 2009 will also be an E-book on 'Preparing for Birth' and soon to follow, e-classes for those of you who are geographically handicapped and can't make it to Perth, Western Australia to attend the workshops in person!!

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We Wish You A Merry Christmas!



To get into the Christmas spirit, why not visit my 'sister website' at:

[Quolkids](#)

and seek out some fun Christmas activities to do with the kids

More activities and outings with the kids will begin to appear on the

Soulbirth website in the New Year. Don't forget to check back regularly as new content is constantly being uploaded...slowly but surely!! Loads of FREE STUFF coming very soon!!



WE WISH YOU A MERRY CHRISTMAS

We wish you a Merry Christmas,
 We wish you a Merry Christmas,
 We wish you a Merry Christmas,
 And a Happy New Year!
 Good tidings to you
 Wherever you are;
 Good tidings for Christmas
 and a Happy New Year!

I hope you have enjoyed your e-zine from 'Soulbirth'. Don't forget to visit the site to 'opt in' if you haven't already. I look forward to sharing more news and views with you next time.

*WISHING YOU ALL A VERY MERRY CHRISTMAS
 AND A HAPPY AND PROSPEROUS NEW YEAR
 MAY 2009 BRING YOU MANY BLESSINGS*

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ABOUT FAYE

Faye Read is an author and specialist in childbirth - Midwifery. As the founder of Soulbirth - a consulting firm dedicated to empowering and educating women and their families so they can lead fulfilling, soulful, and heartfelt lives - her clients have experienced conscious awareness of one's soul journey, understanding their life purpose and bringing deeper meaning to their lives. Faye believe that we can then 'truly live' from a heart and soul centre.

Faye's professional experience includes being a Registered Nurse and Midwife, an independent Community Childbirth Educator, Natural Therapist, Energy Intuitive and mother of 4 beautiful children. She uses a large range of Natural Therapies and healing modalities in her work and has a broad range of experience from her many years working in the various fields. She is author of "*Soulbirthing-A Spiritual Perspective*" and a featured contributor to the upcoming book "*Living An Abundant Life*" by Sandy Forster of WildlyWealthyWomen.com.

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